

*****Preliminary ~ Subject to Change*****

4 DAY SCHEDULE AT-A-GLANCE

"GAINS IN BULK PRESENTS"

Natural Olympia XXIV-- Golden Nugget Las Vegas

Thursday, November 11, 2021

MANDATORY CHECK-INS

12pm - 2pm – Professionals Check-in (Men & Women)

THE GRAND

2pm - 4pm – Amateurs Check-in (Men & Women)

6pm – Judges Meeting

7pm - 9pm – VIP Mixer - INBA Global Officials, Promoters, Staff, PNBA Pros, INBA Amateurs, Sponsors and Vendors

Friday, November 12, 2021

7:00am – Vendors Set Up

THE GRAND

8:00am – Mandatory Athletes Meeting (All Amateurs & Pros in Team Uniforms w/Country Flags)

8:30am – Team & Group Photos ****UNIFORMS REQUIRED**** (Natural Olympia Shirt if no Uniform)

9am- Opening of Natural Olympia XXIV by World President & Founder Denny Kakos & One Show Format Begins

Amateur Categories, as follows:

Kids Fitness

INBA Angels (Amateur Division)

Women's Fitness (All Amateur Divisions)

Men's Physique (All Amateur Divisions)

Women's Sport Model (All Amateur Divisions)

Men's Classic Physique (All Amateur Divisions)

Men's Sport Model (All Amateur Divisions)

Figure (All Amateur Divisions)

Figure Classic (All Amateur Divisions)

Bikini Mamas

Men's B/B (All Amateur Divisions)

Bikini Divas (All Amateur Divisions)

Women's B/B (All Amateur Divisions)

Men's Formal Wear

Women's Physique (All Amateur Divisions)

BODY QUEST

Following All Amateurs (Est. 5pm) PNBA Elite Professional Press Conference (Mandatory for all Pros, MUST WEAR PNBA DREAM BIGGER SHIRT, NATURAL OLYMPIA SHIRT, or TEAM UNIFORM)

Detailed Schedule will be Provided at Check-ins

Saturday, November 13, 2021

8:00am – Mandatory Athletes Meeting

THE GRAND

9am- One Show Format Begins

Remaining Amateur Categories:

Evening Gown

Mixed Pairs

Ink/Tattoo

Swimsuit Model

Physically Challenged Standing (Amateur)

Physically Challenged Seated (Amateur & Pro)

Professional Categories, as follows:

Figure Classic

Women's & Men's Sport Model

Men's Classic Physique (Masters/Open)

Women's Physique (Masters/Open)

Men's Physique Masters

Figure (Masters/Open)

Women's & Men's B/B Masters

PNBA Angels

Men B/B (Grand Masters)

Bikini Divas (Masters/Open)

Men's Physique Open

Women's & Men's B/B Open

****Drawing for GIB Harley Davidson****

Detailed Schedule will be Provided at Check-ins

Sunday, November 14, 2021

9am - All Athletes and Guests Check-in for Athletes Awards & Pro's Seated for Autographs

THE GRAND

*****Meet the PNBA ELITE Pro's for autographs, photos, raffles, and good times*****

INBA PNBA Natural Bodybuilding Hall of Fame Inductions followed by Athletes Special Awards Ceremony

(Must be present to receive award)

Commemorative photos with the INBA PNBA Elite Natural Champions...Closing of the Natural Olympia XXIV

NOTE: **WADA Testing will be carried out (SATURDAY) through Random and Target Testing - Athletes will be notified**